



Hello Norwich Families -

December is upon us and everyone on The Hill is excited for the upcoming holidays and a well-deserved holiday break between semesters.

We are also pleased to bring back our family e-newsletter that you can look forward to receiving on a regular basis. As we continue to embrace the new normal and get back to traditional communication routines, these e-newsletters will provide you with timely information for your family to best support your student during their time at Norwich.

I wish you all Happy Holidays and a prosperous New Year!

Very respectfully,  
Stephanie Snell  
Associate Director, Office of Alumni and Family Engagement  
[ssnell@norwich.edu](mailto:ssnell@norwich.edu)  
802-485-2961

## WINTER BREAK AND TRAVEL INFORMATION



**Train:** Registration is open for the shuttle to and from the Montpelier Amtrak Train Station. Space is limited so reserve your seat soon. [Click here to register](#) online. *(The shuttle will also stop at the Montpelier bus station and drop off students departing at, or after, 9:30 a.m., and also pick up any*

students arriving at, or before, 7:30 p.m. for return trips.)

**Burlington International Airport:** [Click here](#) for Burlington International Airport shuttle information through Vermont Tour and Charter

**Rideshare:** Students offering and seeking rides are posted on the my.norwich portal.

**Residence Halls and Barracks** will close at noon on December 20th and re-open on January 9th at noon.

**Dining services will close** following dinner on December 19th, and resume service with dinner on January 9th.

**Students leaving vehicles on campus during Winter Break** should park in Lot G - Disney Field, so that the other parking areas may be plowed in the event of snow. Cars left in all other lots will be towed to Lot G at the owner's expense.

## FROM THE COMMANDANT OF CADETS



It's been a busy and challenging fall semester, returning to in-person learning and training and almost normal Corps operations. Busy in that our Corps of Cadets was tasked and engaged significantly each day under our four-year progressive leadership model. My thanks to the entire Corp of Cadets and a salute to our specialty units for taking on new challenges in their advancement to becoming leaders while participating in a full fall schedule of events and ceremonies.

The impact of COVID-19 and remote learning has caused a training deficit for some of our current leaders. While most of our cadet leaders practice what right should be, there have been a few whose lack of confidence and immaturity superseded appropriate leadership behavior. In these incidents, we counsel and exercise our formal discipline process at the cadet commander and professional level. On the academic side, for some cadets, remote teaching impacted learning and grades suffered. As a university, we identified this risk at the start of the fall semester and expanded our academic support services at the Academic Achievement Center, Writing Center, Counseling and Wellness Center, and academic advising. Please encourage your student to seek the help and support they need to ensure their success as this semester concludes and the spring semester starts in 2022.

Congratulations to our newly recognized cadets in the Class of 2025. My thanks to our cadet leaders who trained them well and supported the homesickness, tears, two left feet, injuries, attitudes, and conflicts of Rookdom. It's the authentic experiential leadership practicum that Captain Alden Partridge introduced to America in 1819 at the American Literary Scientific and Military Academy in Norwich, Vermont and your child is following in the footsteps of two centuries of citizen-soldiers who have walked before them.

Enjoy the upcoming semester break with your student. On behalf of my staff, best wishes for a safe,

happy, and blessed holiday and coming new year!

Respectfully,

Bill Passalacqua '88, Colonel, VSM

Acting Commandant of Cadets

## A NOTE FROM THE REGISTRARS OFFICE

A reading day has been added to the academic calendar on Monday, December 13th. On Reading Day no classes will be scheduled (exception: students completing clinicals & student teaching on this day). Students are encouraged to prepare for final exams on this day. Additionally, the Fall 2021 withdrawal date has been extended, with the last day to withdraw from classes being also the 13th.

Is your student a December candidate for graduation? If so, students were notified of the details and the link to the Registrar's Norwich SharePoint graduation page and launched from their [main web page](#). Please remember, if your student has questions, they should reach out to their academic advisor, review the Registrar's SharePoint graduation information page, or [email the Registrar's Office](#).

## CHEER ON THE NORWICH CADETS!



Student athletic competitions are in full swing. Keep up to date on the latest games and events for each sport by viewing the latest team schedules on the [NU Athletics webpage](#). Our students love to see familiar faces in the stands as they play home and away. *(Remember to check host school COVID guidelines if you do attend "away" games.)*

## CONNECTING WITH THE PROVOSTS OFFICE

While returning to an in-person experience on campus has been exciting and filled with many excellent academic, athletic, and extracurricular opportunities, it has also been a challenge to find the time and energy to meet our commitments and to take care of our mental and physical health. As a result, we took a breath and hit "pause" for two Wellness days in November. On these Wellness Days classes were canceled and a variety of restorative events occurred. Students were encouraged to rest, recharge, and catch up on work. If you had been on campus those days, you would have seen students playing dodge ball, chess, and board games, and engaged in tie-dying.

### **Does your student have questions about academic support on campus?**

We want students to be engaged in their academic journey and to feel supported on campus. As a result, an [online form](#) for questions and concerns is now available. (Note, this form is NOT anonymous, as we want to answer student concerns directly.)



Students should also be in contact as needed with the [Academic Achievement Center](#). Staff members are available to offer professional tutoring and academic support all year long, but especially as finals approach.

## A NOTE FROM THE COUNSELING AND WELLNESS CENTER



The Counseling and Wellness Center has offered in-person counseling, acupuncture, yoga, tea, therapy dogs, and relaxation space throughout the Fall semester. As we move into the holiday season, keep in mind the following ways to support your student, and please reach out with any questions or concerns you might have! Be pro-active and talk about mental health and physical health. Eating well, sleeping, exercising regularly, getting outside, making time for friends, and spending time with family can give students a much-needed reboot after plugging away at school for weeks.

Holidays can be stressful as well, so try to find time to balance togetherness with time for reflection. Encourage your student to use the Welltrack app provided by Norwich Counseling and Wellness Center to track their moods and learn more about emotional regulation. Let your student know that the transition to college life, and then again the transition to the working world can be difficult times for many students.

Support during difficult times can be extremely helpful so give them your explicit permission and express support for them to seek counseling services. We are located on the 4th floor of the Kreitzberg Library, are reachable by phone at 802-485-2134 and by [email](#). Follow us on [Facebook](#), and check out our [web page](#).

## PLANNING AHEAD: ALTERNATIVE SPRING BREAK OPTIONS FROM THE CCE

The Center for Civic Engagement is planning two service project trips for Spring Break (March 5th - 13th). One for the Gulf Coast - Mississippi, and for Puerto Rico.

Applications are on [Norwich Serves](#) and the deadline is January 12. The cost is \$250 to reserve your spot, then a mandatory fundraising goal of \$250 per participant. It includes all transportation, meals, and program fees.

## JOIN US ON OUR PRESIDENT'S INAUGURATION TOUR AROUND THE COUNTRY!



On September 22, 2021 Dr. Mark Anarumo was inaugurated as Norwich University's 24th president. In the months ahead President Anarumo will be traveling the country to meet the Norwich family. [Please join us at any of the events listed here](#) to meet the man and hear his vision for the university's third century of service to the nation.

## STAY CONNECTED

**Remember, there are many resources to stay in touch with Norwich throughout the school year:**

[Corps of Cadets on Flickr](#)

[Norwich YouTube channel](#)

[Norwich Instagram](#)

[2025 NU Families Facebook page](#)

[NU Families Facebook page](#)

[NU Families website](#)

[NU Events calendar](#)

And you can always email our office at [mystudentis@norwich.edu](mailto:mystudentis@norwich.edu) too.



**EXPECT CHALLENGE • ACHIEVE DISTINCTION**

Norwich University

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